LOS ANGELES POLICE OFFICER
POLYGRAPH EXAMINATION

DATE

TIME

Please report directly to: LAPD Science Investigation Division
Parker Center
150 No. Los Angeles Street
4th Floor, Room 435

Contact the Public Safety Employment Division at (213) 847-9060, a minimum of 48
hours in advance to cancel or reschedule your polygraph examination.

Parking is limited in the surrounding area. Suggested parking lot located on 2nd and Los
Angeles Street, one block from Parker Center.

POLYGRAPH EXAMINATION GUIDELINES

The following guidelines will help ensure that you are in satisfactory physical condition
to undergo a polygraph examination.

1. The day prior to your polygraph examination, maintain your normal routine.

2. It is recommended to get a minimum six hours sleep the night before the polygraph
examination.

3. Prior to arriving for your polygraph examination, obtain sufficient nourishment.
Make sure you have had enough to eat and drink.

4. It is not recommended to take a polygraph examination if you are sick or in severe
pain. Please refer to the Police Officer applicant polygraph examination waiver form,
for a comprehensive list of factors that could affect the examination.
LOS ANGELES POLICE DEPARTMENT
PARKER CENTER
150 NO. LOS ANGELES STREET