

**LOS ANGELES POLICE OFFICER  
POLYGRAPH EXAMINATION**

\_\_\_\_\_  
DATE

\_\_\_\_\_  
TIME

Please report directly to:      LAPD Science Investigation Division  
   Parker Center  
   150 No. Los Angeles Street  
   **4<sup>th</sup> Floor, Room 435**

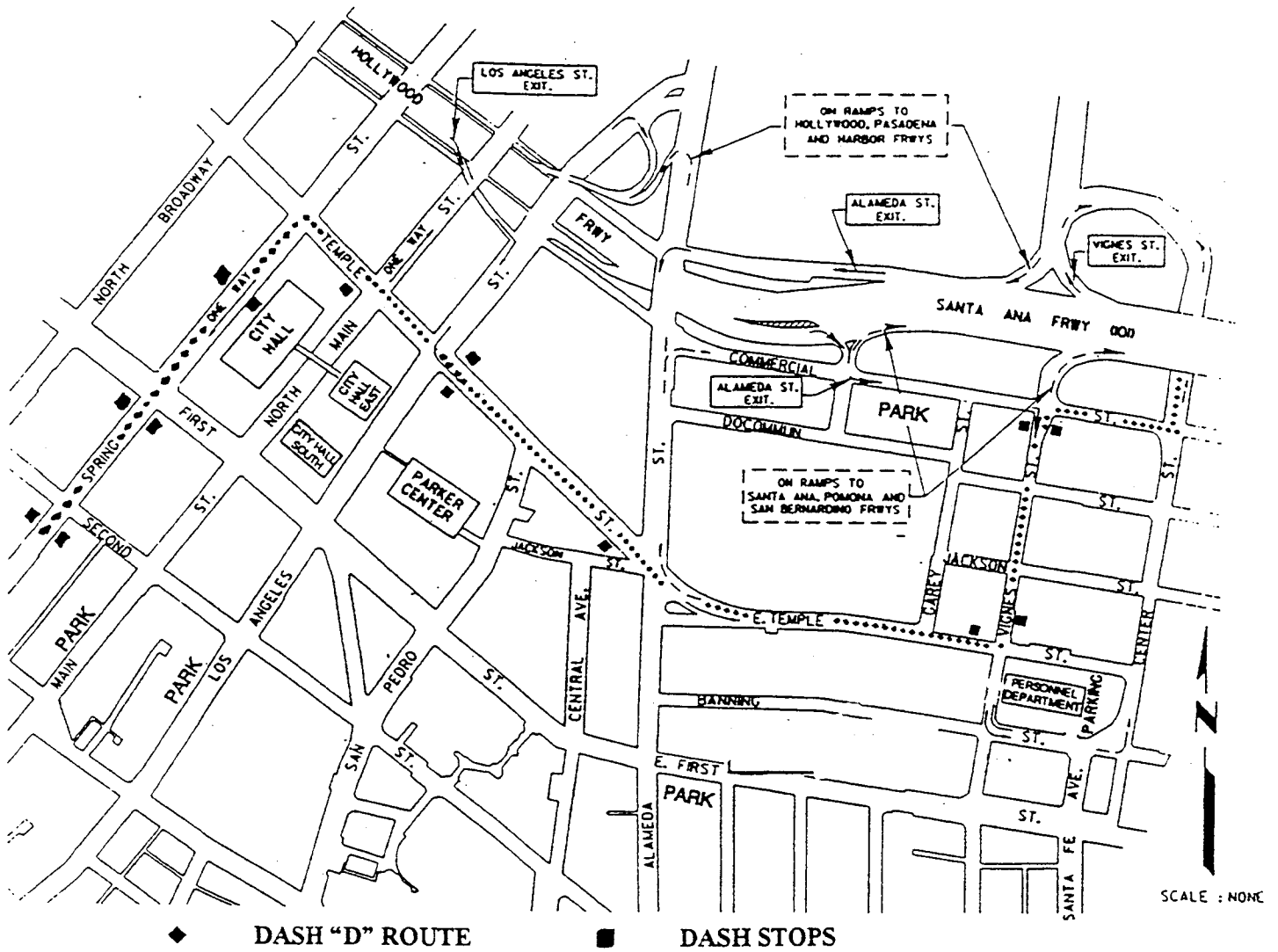
Contact the Public Safety Employment Division at (213) 847-9060, a minimum of 48 hours in advance to cancel or reschedule your polygraph examination.

Parking is limited in the surrounding area. Suggested parking lot located on 2<sup>nd</sup> and Los Angeles Street, one block from Parker Center.

**POLYGRAPH EXAMINATION GUIDELINES**

The following guidelines will help ensure that you are in satisfactory physical condition to undergo a polygraph examination.

1. The day prior to your polygraph examination, maintain your normal routine.
2. It is recommended to get a minimum six hours sleep the night before the polygraph examination.
3. Prior to arriving for your polygraph examination, obtain sufficient nourishment. Make sure you have had enough to eat and drink.
4. It is not recommended to take a polygraph examination if you are sick or in severe pain. Please refer to the Police Officer applicant polygraph examination waiver form, for a comprehensive list of factors that could affect the examination.



LOS ANGELES POLICE DEPARTMENT  
 PARKER CENTER  
 150 NO. LOS ANGELES STREET